



Express Soccer Academy

SEASON **23**
31ST JULY - OCT

2021

SEASON 23 TRAINING PROGRAM CALENDAR

AUG

Week 1

Saturday
Date: 31/July/2021
● Training

Sunday
Date: 1/August/2021
● Training

Week 2

Friday
Date: 6/August/2021
● Training

Saturday
Date: 7/August/2021
● FKF Match

Sunday
Date: 8/August/2021
● RSJL

Week 3

Friday
Date: 13/August/2021
● Training

Saturday
Date: 14/August/2021
● Training

Sunday
Date: 15/August/2021
● FKF Match

Week 4

Friday
Date: 20/August/2021
● Training

Saturday
Date: 21/August/2021
● FKF Match

Sunday
Date: 22/August/2021
● Training

Week 5

Friday
Date: 27/August/2021
● Training

Saturday
Date: 28/August/2021
● FKF Match

Sunday
Date: 29/August/2021
● RSJL

TRAINING SCHEDULE

Saturday: From 9.00am to 12.00pm
(Players should be dropped at 8.30 am)

Sunday: From 2.00pm to 4.00pm
(Players should be dropped at 1.45 pm)

CAMPUSES

- Hillcrest International School Prep Section**
Age Group: U5, U7, U9, U11, U13 & U15
- Marist International University College**
Age Group: Youth Team(U17 & U20)

GET INTOUCH

CALL +254 740 072 901
OR +254 720 094 049

Email: info@expressocceracademy.com
expressports2012@gmail.com

Website: www.expressocceracademy.com





Express Soccer Academy

SEASON **23**
31ST JULY - OCT

2021

SEASON 23 TRAINING PROGRAM CALENDAR

SEPT

Week 6

Friday

Date: 3/Sept/2021

● Training

Saturday

Date: 4/Sept/2021

● Training

Sunday

Date: 5/Sept/2021

● FKF Match

Week 7

Friday

Date: 10/Sept/2021

● Training

Saturday

Date: 11/Sept/2021

● Training

Sunday

Date: 12/Sept/2021

● RSJL & FKF Match

Week 8

Friday

Date: 17/Sept/2021

● Training

Saturday

Date: 18/Sept/2021

● Training

Sunday

Date: 19/Sept/2021

● Training & FKF Match

Week 9

Friday

Date: 24/Sept/2021

● Training

Saturday

Date: 25/Sept/2021

● FKF Match

Sunday

Date: 26/Sept/2021

● RSJL

OCT

Week 10

Friday

Date: 1/October/2021

● Training

Saturday

Date: 2/October/2021

● Training

Sunday

Date: 3/October/2021

● Training

Week 11

Friday

Date: 8/October/2021

● Training

Saturday

Date: 9/October/2021

● Training

Sunday

Date: 10/October/2021

● Training

TRAINING SCHEDULE

Saturday: From 9.00am to 12.00pm
(Players should be dropped at 8.30 am)

Sunday: From 2.00pm to 4.00pm
(Players should be dropped at 1.45 pm)

CAMPUSES

1. Hillcrest International School Prep Section
Age Group: U5, U7, U9, U11, U13 & U15

2. Marist International University College
Age Group: Youth Team(U17 & U20)

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